

JANUARY 2013

IDLENESS



Acrylic 50 x 50 cm (2013)

The Chinese philosopher Dschuang Xii writes in his book Southern Flowerland, 'The one who is able to live in idleness, will be filled with peace; the one who is not able to live in idleness, neither will be able to endure peace.'

Man's idleness, far from all petty quest and greed, should lead to a pivotal experience beyond thinking and planning. It is an inwardness giving man freedom, it is a central point from which the force one needs to master life and its problems grows. From idleness new things sprout, idleness is the source of inspiration and creativity. There is no room for our tense wrestle with the world and with ourselves. But what are we running and rushing through life for, while at the same time we are running away from our life, and then when the jog comes to an end, we ask ourselves 'has that been it?'...

Yes, that was it...

The Indian Raga music portrays the sensation of idleness very well. The tender shade of red reflects a 'morning'-Raga, e.g. 'Hem-Lalit's' melody in which the sounds of the sitar suggest the awakening day's first rays of light, and a light breeze moves the reddish morning mist.

The one who wishes to explore and really experience this music has to muster calmness, tranquility and much inner silence, quite so! the necessary idleness...