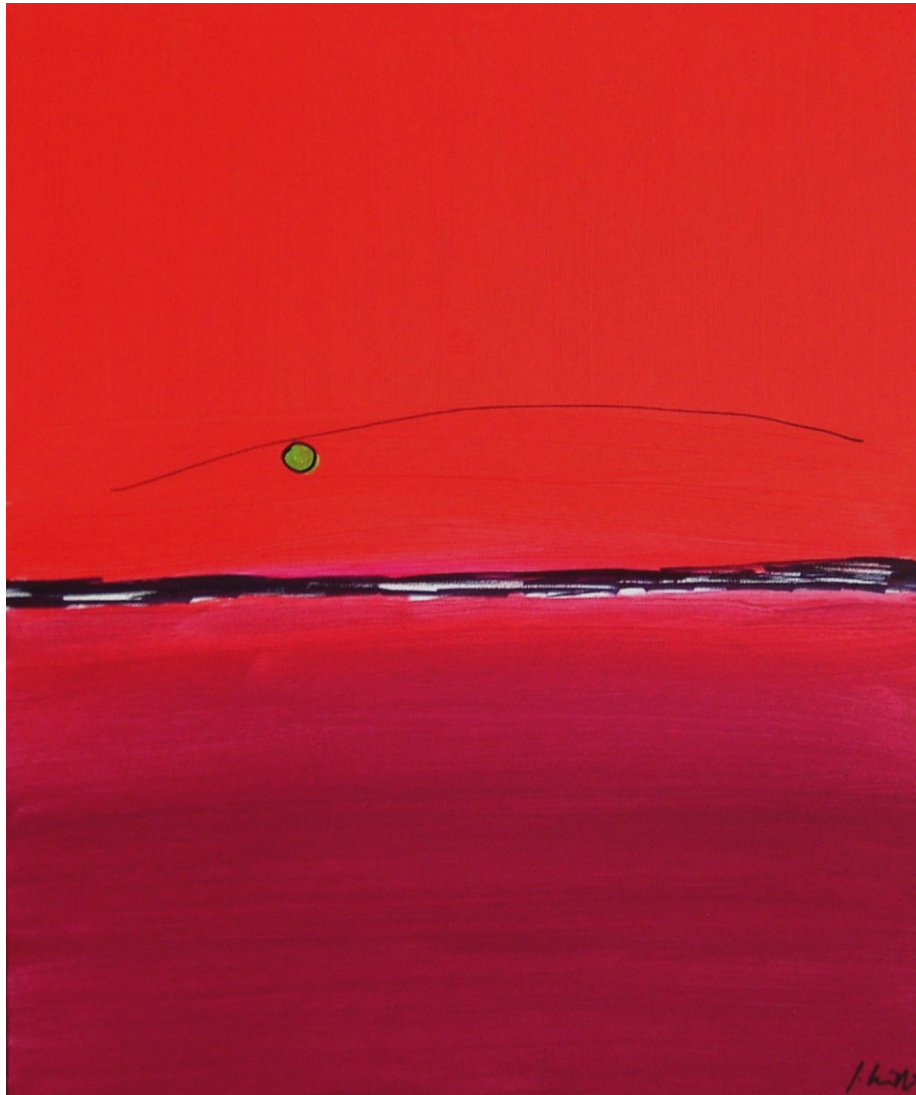


MARCH 2019

## ALONE



'One is alone with oneself. Also when being with others most of us are without ourselves. From both one has to break free.' (Ernst Bloch)

Alone in the woods.

Alone in the desert.

Alone on the high seas, on a white beach, on a mountain peak...

Being alone can be nice if you are at ease with yourself.

But you can not always be enough for yourself and therefore you call upon the spirits.

Boredom and loneliness can turn being alone into hell.

I sense the emptiness of ME and I long for fulfillment in the YOU and WE.

And in the middle of the crowd I feel my ME like a comet on its track, all alone and lonely.

We appear from the dark, shine for a while and disappear again into the night. This is our fate.

Alone and lonely.

A consoling music tip: 'Lonesome Road Blues' (B.B. Broonzy)